



PROGRAM PLANNING GUIDE

ID:

Name: _____

Bachelor of Science / Bachelor of Education

Kinesiology / Physical Education



As an Education major, a student develops a strong knowledge base in the subject area they intend to teach. They also receive in-depth preparation in how to teach, including both general and subject area instructional methods.

The Department of Kinesiology and Physical Education enables students to study and promote life-long physical activity involvement. Physical activity plays a major role in our lifestyle - from young to old we all participate in different physical activities. Kinesiology helps to understand these activities, the need for physical activity, as well as facets of motivation, history, anatomy, and psychology.

What determines my program requirements?

Please refer to the Academic Calendar (www.ulethbridge.ca/ross/academic-calendar) for complete program information.

Calendar Year: 2024/2025 - Your calendar year is set to the academic year you are admitted (or readmitted) and you should follow the requirements for that year for the duration of your program.

Faculty/School: Faculty of Arts and Science (www.ulethbridge.ca/artsci) and Faculty of Education (www.ulethbridge.ca/education)

Program(s): Bachelor of Science / Bachelor of Education

Major(s): Kinesiology / Physical Education

Minor: A defined set of courses, designed to provide depth in a particular discipline, study in an interdisciplinary area, or focus on a theme-related topic. To learn more about optional minors see www.ulethbridge.ca/ross/minors.

Am I admissible to this program?

Admission: www.ulethbridge.ca/ross/admissions/undergrad

Transfer: www.ulethbridge.ca/ross/transfer-resources

When/How do I apply to the University?

Deadlines: www.ulethbridge.ca/ross/admissions/undergrad/deadlines

Step-by-Step: www.ulethbridge.ca/ross/admissions/step-by-step

Where can I find information on courses?

Course Catalogue: www.ulethbridge.ca/ross/courses

Registration Guide: www.ulethbridge.ca/ross/registration-guide

When can I register for classes?

Register early! (March for Summer and Fall; November for Winter)

Registration Dates: www.ulethbridge.ca/ross/registration-dates

How can I enhance my program?

Career Bridge: www.ulethbridge.ca/career-bridge

Education Specializations:

www.ulethbridge.ca/education/programs-degrees/undergraduate-studies/specializations

What supports are available to students?

Student Services: www.ulethbridge.ca/campus-life/student-services

Student Success Centre: www.ulethbridge.ca/student-success-centre

Accessible Learning: www.ulethbridge.ca/ross/alc

Counselling Services: www.ulethbridge.ca/counselling





Required courses and notes

Students begin in the Faculty of Arts and Science where they progress toward completion of Faculty of Arts and Science degree requirements, and prepare to meet the admission requirements for the Faculty of Education. Please note that completion of admission requirements does not guarantee admission to the Faculty of Education.

Major Requirements (16 Courses)

- _____ 1. Biology 1010 - Cellular Basis of Life
- _____ 2. Kinesiology 1000 - Wellness and Physical Activity
- _____ 3. Kinesiology 2200 - Research Methodologies
- _____ 4. Kinesiology 2600 - Functional Human Anatomy
- _____ 5. Kinesiology 2610 - Human Physiology
- _____ 6. Kinesiology 2650 - Functional Biomechanics
- _____ 7. Kinesiology 3610 - Exercise Physiology
- _____ 8. Kinesiology 3630 - Growth, Development and Aging
- _____ 9. Kinesiology 3650 - Biomechanics
- _____ 10. ¹Physical Activity 2130 - Educational Dance
- _____ ¹Physical Activity 2135 - Educational Gymnastics
- _____ 11. Physics 1050 - Introduction to Biophysics
- _____ 12. **One of:**
 - _____ Chemistry 1000 - General Chemistry I
 - _____ Chemistry 1110 - Chemistry for Life Sciences I
- _____ 13. **One of:**
 - _____ Kinesiology 2160 - Management Perspectives
 - _____ Kinesiology 3300 - Leadership Skills Development
- _____ 14. One course (3.0 credit hours) in Kinesiology at the 4000 level with a Science designation, excluding Kinesiology 4980 (Applied Study) and Kinesiology 4990 (Independent Study)
- _____ 15.-16. Two courses (6.0 credit hours) in Physical Activity at the 3000 level
 - _____ 15. _____
 - _____ 16. _____

Notes

¹ Physical Activity 2130 and 2135 are half courses (1.5 credit hours each).

Other Courses (minimum 14 courses)

Courses offered by the Faculty of Arts and Science, Faculty of Fine Arts, or School of Liberal Education only (no courses labelled ABHL, ACCT, ADCS, AGEM, CDEV, CRED, EDUC, FINC, HLSC, HRLR, IGBM, IMGU, MGT, MKTG, NURS, PUBH, or TREC unless cross-listed with a course from one of the above faculties).

- _____ 17.-30. Fourteen additional courses (42.0 credit hours) chosen to complete program requirements
 - _____ 17. _____
 - _____ 18. _____
 - _____ 19. _____
 - _____ 20. _____
 - _____ 21. _____
 - _____ 22. _____
 - _____ 23. _____
 - _____ 24. _____
 - _____ 25. _____
 - _____ 26. _____
 - _____ 27. _____
 - _____ 28. _____
 - _____ 29. _____
 - _____ 30. _____

Education Requirements (20-course equivalent)

- _____ 31. Education 2500 - Orientation to Teaching (3.0 credit hours)
- _____ 32.-36. Professional Semester I (15.0 credit hours)
- _____ 37.-41. Professional Semester II (15.0 credit hours)
- _____ 42.-46. Professional Semester III (15.0 credit hours)
- _____ 47. Education Foundation (3.0 credit hours) at the 43xx level
- _____ 48.-50. Three Education Electives (9.0 credit hours) at the 3000 or 4000 level
 - _____ 48. _____
 - _____ 49. _____
 - _____ 50. _____

Faculty of Education Admission

To be considered for admission to the Faculty of Education, successful completion of the following is required:

- 14 graded term courses (42.0 credit hours).
- **Education Admission GPA:** Minimum cumulative grade point average of 2.50 on all U of L and transferable courses taken within the terms containing the last 14 courses (42.0 credit hours). All courses must be graded.
- Minimum of five courses (15.0 credit hours) in the major.
- **Major GPA:** Minimum cumulative grade point average of 2.50 on all graded courses comprising the major, including all transferable courses.
- Credit in Education 2500 - Orientation to Teaching (or equivalent) prior to the fall program intake, including a favourable recommendation from the instructor.

Students are advised to contact Student Program Services in the Faculty of Education (edu.sps@uleth.ca; TH421; tel. 403-329-2254) for guidelines regarding the requirements stated above. For specific information on admission requirements, please refer to the Combined Degrees section of the Academic Calendar: www.ulethbridge.ca/ross/academic-calendar.

Students of Indigenous descent, and students with a significant shift in academic performance, are advised to refer to the current Calendar for the Faculty of Education's Special Case Admission policies.



Recommended Course Sequence

Shown below is the recommended sequence of courses for your degree. Consult timetables for course offerings, prerequisites, and corequisites before registering each term as some courses may have limited offerings (ie. once a year, alternating years, or only offered in the Fall or Winter terms).

Consult with an Academic Advisor in your faculty if you wish to alter this sequence with regard to the specifically listed courses.

Note that this sequence was prepared based on course scheduling at the time of publication and may change during your studies.

First Year

Biology 1010

Kinesiology 1000

One of: Chemistry 1000 or Chemistry 1110

¹Physical Activity 2130

¹Physical Activity 2135

Physics 1050

Lib Ed Requirement course

Lib Ed Requirement course

Lib Ed Requirement course

Lib Ed Requirement course

Lib Ed Requirement course

Second Year

Kinesiology 2200

Kinesiology 2600

Kinesiology 2610

Kinesiology 2650

One of: Kinesiology 2160 or Kinesiology 3300

Lib Ed Requirement course

Elective 3000/4000 level

Elective

Elective

Education 2500

Admission to the Faculty of Education

Education 2500 must be completed (with a Pass Recommend) before admission. It may be taken in the winter or summer term immediately prior to the fall intake

Third Year (Fall)

Professional Semester I (15.0 credit hours)

Curriculum and Instruction, Educational Psychology, Language in Education,

Assessment and Learning, Teaching Seminar, Indigenous Education

Practicum - Equivalent to 125 hours in a school

Third Year (Winter)

Kinesiology 3610

Kinesiology 3630

Physical Activity 3000 level

Elective 3000/4000 level

Elective 3000/4000 level

Fourth Year (Fall)

Kinesiology 3650

Kinesiology 4000 level

Physical Activity 3000 level

Elective 3000/4000 level

Elective 3000/4000 level

Fourth Year (Winter)

Professional Semester II (15.0 credit hours)

Principles of Curriculum and Instruction for Majors, The Educational Psychology

of Exceptional Learners, Social Context of Schooling, Evaluation and Reporting

Practicum - Equivalent to 150 hours in a school

Elementary Education students will reverse the Fifth Year fall and winter terms and complete PS III in the winter.

Fifth Year (Fall)

Professional Semester III (15.0 credit hours)

Internship - Students are assigned to schools for approximately 200 hours in a

practicum and assume full responsibility for a classroom for approximately one-

half of that time

Fifth Year (Winter)

Education Foundation course (43xx)

Education elective 3000/4000 level

Education elective 3000/4000 level

Education elective 3000/4000 level

Elective 3000/4000 level

1. Physical Activity 2130 and 2135 are half-courses (1.5 credits each). Students are strongly advised to complete the Dance and Gymnastics physical activity requirements in Year Two.

Note: Courses in bold in Years 1 and 2 of the sample sequence are prerequisite(s) for required courses and should be completed early in your program.

Students are advised to review the prerequisites for elective courses within the major and plan accordingly.